



WEEKLY SCHEDULE

13TH - 19TH OF NOV 2023

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

11.30-12.30 pm
Corporate Yoga
South 32
with Hwee
Raffles City

18.00-19.00 pm
Corporate Yoga
with Tiara
Mott MacDonald

07.00-08.15 am
Early Rise
with Bee Lee
Eco Lake,
Botanic Gardens

08.30-09.45 am
Shine&Rise
with Bee Lee
Eco Lake,
Botanic Gardens

18.15-19.15 pm
Power Yoga
with Hwee
Balanced Living

19.30-20.30 pm
Yin to
Restorative
with Hwee
Balanced Living

08.30-09.30 am
Zen Yoga /
Beginners
with Tiara
Balanced Living

11.30-12.30 pm
Corporate Yoga
South 32
with Hwee
Raffles City

20.00-21.00 pm
Yoga
with Hwee
Gallop Gables
Book with Hwee

07.30-08.30 am
Yin/Yang Yoga
with Hwee
Eco Lake,
Botanic Gardens

09.30-11.00 am
Yoga
with Hwee
Eco Lake,
Botanic Gardens
Book:
namasteewithhwee.com

08.30-09.45 am
Feel Good Yoga
with Bee Lee
Eco Lake,
Botanic Gardens

Sunday:
08.00-09.30 am
Yoga
with Hwee
Eco Lake,
Botanic Gardens
Book:
namasteewithhwee.com

BOOKING & INFO: AY-YOGA-AY.COM